



Profile

Executive coach, facilitator of workshops and seminars on team building and leadership, author of the book "Wie Zahlenmenschen ticken" (How Number Crunchers Think) and writer of numerous articles on the subject of coaching.

Customers

Numerous DAX 30 companies, German and international banks, insurance companies, technical and manufacturing companies, B2B companies, as well as individuals from executive boards and top management.

Clients

For almost 20 years, I have specialized in working with numbers-oriented senior and top managers. My clients have strong analytical skills, are highly goal-, objective-, and results-oriented, are quick thinkers with an analytical mindset, drive companies forward, and shape, design, and change them.

Offer

Coaching is about shifting focus from performance and task orientation to the power of personality. This power comes from clarity, confidence, and flexibility. Multiperspectivity enables you to reflect on and constantly expand your own points of view, develop empathy in order to reach, convince, and win others, build trust, and exert influence. Leadership, relationships, and personality development are the main focus, and personal resilience is built up.

Background and Certificates

- More than 20 years of coaching experience in senior and top management
- Many years of management experience in public relations
- Professional experience in the USA
- Senior Coach DBVC (German Federal Coaching Association)
- HeartMath®Coach and HeartMath®Trainer
- MBTI / Extended Disc
- Rice Profile
- Numerous relevant and certified coaching training courses